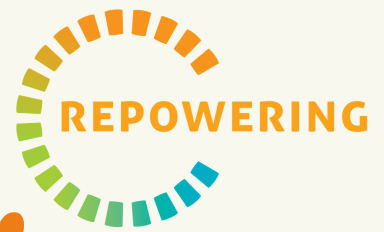



# Coronavirus emergency support - with Love from



Please read the guidance from the NHS on Coronavirus 

## Stay connected

- Disconnections from credit and prepayment meters have been suspended.
- Emergency support measures are in place for prepay customers, [find out more](#).
- For help in contacting your supplier or additional advice on fuel debt, contact Repowering at [info@repowering.org.uk](mailto:info@repowering.org.uk)

## Stay well

Click on the orange links

- If you are a high risk/extremely vulnerable person and require shielding, [register for support](#). You should have already been contacted by your doctor, the hospital or the NHS directly.
- If you are pregnant, over 70 or get yearly adult flu jabs on medical grounds you can call Lambeth's helpline on [020 7926 2999](tel:02079262999).
- Please stay at home to protect yourself, your household and your community. [Read the Government information on self- and household-isolation](#).
- To support your mental health, [access NHS help](#). Alternatively, call the Samaritans on [116 123](tel:116123) or email [jo@samaritans.org](mailto:jo@samaritans.org). In an emergency, call freephone [0800 731 2864](tel:08007312864) or visit [South London NHS crisis support](#).

## Stay supported

- [Lambeth Council](#) offers support for those who are vulnerable or facing extra hardship.
- If you are in danger from domestic abuse
  - Call [999](tel:999), press 55. The relevant police force will assist you without you having to speak.
  - [The National Domestic Abuse Helpline](#) provides guidance and support. Call freephone 24h/day [0808 2000 247](tel:08082000247).
- [Connect Lambeth](#) can help you with a food/medication pick-up service and food bank vouchers. Email [mycommunity@ageuklambeth.org](mailto:mycommunity@ageuklambeth.org) or call on [020 7346 6800](tel:02073466800) (option 6).
- Connect with your local community on [Facebook](#) or post requests & offers for help with supplies on your local [Whatsapp Mutual Aid Group](#).
- Connect to Repowering's [One Stop Info Shop](#) for help and advice on accessing benefits, housing costs, emergency shelter, & financial, health, and mental health support